

Obagi Blue Peel Radiance consent form

Practice name _____

Superficial salicylic acid peel: screening, information, consent and aftercare

1. Patient details

Full name _____ Date of birth _____
Phone _____ Email _____
Consultation date _____ Planned treatment date _____
Treating practitioner _____ Supervising physician (if required) _____

2. About your treatment

Obagi Blue Peel Radiance is a professional-only superficial chemical peel. Its main active ingredient is salicylic acid, a beta hydroxy acid (BHA). It also contains small amounts of glycolic and lactic acid. The blue tint helps your practitioner apply the peel evenly.

The peel loosens the bonds between the outermost layers of dead skin cells so they shed. It is used to improve dullness, uneven texture, acne-prone skin and some pigmentation. Your practitioner controls the strength by applying one or two layers and timing how long the peel stays on. A small test application is made first.

One peel can brighten the skin. A course of several peels, a few weeks apart, is often recommended for longer-lasting results. Results vary from person to person, and no specific outcome can be guaranteed.

This form is for Obagi Blue Peel Radiance only. It does not cover the original Obagi Blue Peel (a deeper trichloroacetic acid, or TCA, peel), glycolic or enzyme peels, or at-home peel products.

3. Medical screening

Please answer every question. Your practitioner will check your answers with you before treatment.

Treatment will not go ahead today if any of these apply		
Have you taken isotretinoin (Accutane, Roaccutane) in the past 12 months?	☐ Yes ☐ No	Last dose:
Do you have an active cold sore (herpes simplex), warts, or any infection in the treatment area?	☐ Yes ☐ No	
Is the skin in the treatment area broken, wounded, sunburned or unusually sensitive?	☐ Yes ☐ No	
Are you pregnant, trying to conceive, or breastfeeding?	☐ Yes ☐ No	
Are you allergic to salicylates, including aspirin?	☐ Yes ☐ No	
Do you have active dermatitis, eczema, inflamed rosacea or severe inflamed acne in the treatment area?	☐ Yes ☐ No	
Have you had radiation therapy to the treatment area?	☐ Yes ☐ No	

Your practitioner needs to know about these (treatment may be adjusted or delayed)		
Have you ever had cold sores?	☐ Yes ☐ No	
Do you scar easily or have a history of keloid scars?	☐ Yes ☐ No	
Have you noticed patches of lighter or darker skin after past treatments or injuries?	☐ Yes ☐ No	
Do you have an autoimmune condition, or take medicines that affect your immune system?	☐ Yes ☐ No	
Do you have diabetes that is not well controlled?	☐ Yes ☐ No	
Do you take any medicines that make your skin sensitive to sunlight?	☐ Yes ☐ No	
Have you had laser, microdermabrasion, another peel or any facial procedure recently?	☐ Yes ☐ No	When:
Have you had recent sun exposure or a tan on the treatment area?	☐ Yes ☐ No	
Do you have any other allergies, or take any other medicines or supplements?	☐ Yes ☐ No	List:

4. Before your peel

5 to 7 days before

Avoid laser hair removal, waxing, depilatory creams and electrolysis on the treatment area.

3 days before

Stop topical retinoids and tretinoin, retinol, AHAs, BHAs, exfoliating masks, hydroquinone and benzoyl peroxide.

On the day

Arrive with clean skin if you can. Tell us about any new medicine, cold sore or sunburn before we start.

5. What to expect and the risks

During the peel: a warm, prickling or tingling feeling is normal. It usually settles within a few minutes. Tell your practitioner straight away if it becomes strong burning or pain.

After the peel: your skin may look pink and feel tight, warm or slightly swollen. Visible flaking usually starts around day 2 and is most noticeable between days 2 and 5. Most skin settles by about day 7, though it can take a little longer.

Common

- Redness and swelling
- Peeling or flaking
- Tightness, soreness or itching
- Dryness or small cracks

Less common

- A cold sore flare in people prone to them
- Darker or lighter patches of skin, more likely in darker skin types

Rare

- Scarring
- Bacterial infection

6. Aftercare I agree to follow (please initial)

I will wear broad-spectrum sunscreen of SPF 30 or higher every day for at least a week, and avoid direct sun.	
I will not pick, peel or scrub flaking skin, and will let it shed on its own.	
I will use only a gentle cleanser and moisturizer, and avoid acids, retinoids, retinol and fragranced products until my practitioner says I can restart them (usually 5 to 7 days).	
I will avoid saunas, sunbathing, intense exercise and strong jets of water on my face for the first few days.	
I will contact the practice if I notice blistering, crusting, oozing, severe pain, a cold sore, or peeling that has not settled after 7 days.	

7. Photographs

I agree to before-and-after photographs being taken to record my progress. They will be stored securely in my patient record.

☐ Yes, for my clinical record only ☐ Yes, and they may be used anonymously for training or marketing ☐ No photographs

8. Declaration and signatures

- ☐ I have read this form, and my practitioner has explained the treatment, the alternatives, and the risks.
- ☐ I have answered the screening questions truthfully and will report any change before each session.
- ☐ I understand that peeling and redness are expected, and that results cannot be guaranteed.
- ☐ I have had time to ask questions, and I know I can withdraw my consent at any time before treatment.
- ☐ I consent to Obagi Blue Peel Radiance treatment.

Patient signature _____ Date _____

Practitioner name and signature _____ Date _____

Supervising physician signature (if required) _____ Date _____

9. Treatment record (practitioner use)

Session date	Test application result	Layers applied	Time on skin	Skin response	Screening re-checked	Initials
					☐	
					☐	
					☐	
					☐	

Product lot number: _____ Aftercare instructions given: ☐ Printed ☐ Emailed

Template provided by Pabau (pabau.com). Screening windows follow Obagi's published Blue Peel Radiance guidance. Adapt this form to your practice's protocols, your supervising physician's instructions and local regulations. It does not replace clinical judgment.