

Posterior Sag Sign Assessment

PATIENT INFORMATION

Date: _____ Examiner: _____

Patient information:

TEST PROCEDURE

The posterior sag sign (gravity drawer test) is used to diagnose posterior cruciate ligament (PCL) injuries of the knee. **Procedure:** have the patient lie supine with the hip flexed to 45° and the knee flexed to 90°. Observe the position of the tibia relative to the femur — in a normal knee, the tibial plateau extends about 1 cm anterior to the femoral condyles. A positive test occurs if the tibia sags or drops back posteriorly on the femur due to gravity, creating a concavity distal to the patella.

RESULTS

Test results — select one:

☐ Positive ☐ Negative

NOTES AND RECOMMENDATIONS

Specify below: