

PHQ-2 (Patient Health Questionnaire-2)

Over the past two weeks, how often have you been bothered by any of the following problems?

Little interest or pleasure in doing things.

- Not at all Several days More than half the days Nearly every day

Feeling down, depressed, or hopeless.

- Not at all Several days More than half the days Nearly every day

SCORING: PHQ-2 score obtained by adding score for each question (total points).

Interpretation: A PHQ-2 score ranges from 0-6. The authors identified a score of 3 as the optimal cutpoint when using the PHQ-2 to screen for depression. If the score is 3 or greater, major depressive disorder is likely.