

# PERRLA Eye Exam

## PERRLA EYE EXAM

Patient's full name: \_\_\_\_\_ Date and Time Assessed: \_\_\_\_\_ dd / mm / yyyy

Patient's date of birth: \_\_\_\_\_ dd / mm / yyyy Clinician's full name: \_\_\_\_\_

What you need: A chair for your patient, a dimly lit room, and a penlight

Instructions: EQUAL: Check if the patient's pupils are equal in size or not. ROUND: Check if the patient's pupils are round or not. Dim the lights of the room. Grab your penlight. REACTIVE TO LIGHT: Shine your penlight over one of the patient's eyes and observe the pupils. Hold the light for three seconds. Turn off the light and check for the dilation of their pupils. Repeat the last two steps on the other eye. Grab an object. ACCOMMODATION: Slowly bring this object closer and closer to your patient's nose. Watch how their pupils react as the object gets closer and closer.

### Observations: