

Bem Sex-Role Inventory

Name: _____ Date: _____ dd / mm / yyyy

This 60-item questionnaire is a self-reported assessment tool that evaluates an individual's feminine and masculine characteristics. Please indicate the extent to which you tend to agree or disagree with each statement. In each case, make your choice in terms of how you feel right now, not what you have felt in the past or would like to feel. Please remember that these are subjective questions with no right or wrong answer, it is important to answer them truthfully and accurately.

1. Self-reliant

- 1 = Never or almost never true
 2 = Rarely true
 3 = Sometimes true
 4 = Neutral
 5 = Often true
 6 = Usually true
 7 = Always or almost always true

2. Yielding

- 1 = Never or almost never true
 2 = Rarely true
 3 = Sometimes true
 4 = Neutral
 5 = Often true
 6 = Usually true
 7 = Always or almost always true

3. Helpful

- 1 = Never or almost never true
 2 = Rarely true
 3 = Sometimes true
 4 = Neutral
 5 = Often true
 6 = Usually true
 7 = Always or almost always true

4. Defends own beliefs

- 1 = Never or almost never true
 2 = Rarely true
 3 = Sometimes true
 4 = Neutral
 5 = Often true
 6 = Usually true
 7 = Always or almost always true

5. Cheerful

- 1 = Never or almost never true
 2 = Rarely true
 3 = Sometimes true
 4 = Neutral
 5 = Often true
 6 = Usually true
 7 = Always or almost always true

6. Moody

- 1 = Never or almost never true
- 2 = Rarely true
- 3 = Sometimes true
- 4 = Neutral
- 5 = Often true
- 6 = Usually true
- 7 = Always or almost always true

7. Independent

- 1 = Never or almost never true
- 2 = Rarely true
- 3 = Sometimes true
- 4 = Neutral
- 5 = Often true
- 6 = Usually true
- 7 = Always or almost always true

8. Shy

- 1 = Never or almost never true
- 2 = Rarely true
- 3 = Sometimes true
- 4 = Neutral
- 5 = Often true
- 6 = Usually true
- 7 = Always or almost always true

9. Conscientious

- 1 = Never or almost never true
- 2 = Rarely true
- 3 = Sometimes true
- 4 = Neutral
- 5 = Often true
- 6 = Usually true
- 7 = Always or almost always true

10. Athletic

- 1 = Never or almost never true
- 2 = Rarely true
- 3 = Sometimes true
- 4 = Neutral
- 5 = Often true
- 6 = Usually true
- 7 = Always or almost always true

11. Affectionate

- 1 = Never or almost never true
- 2 = Rarely true
- 3 = Sometimes true
- 4 = Neutral
- 5 = Often true
- 6 = Usually true
- 7 = Always or almost always true

12. Theatrical

- 1 = Never or almost never true
- 2 = Rarely true
- 3 = Sometimes true
- 4 = Neutral
- 5 = Often true
- 6 = Usually true
- 7 = Always or almost always true

13. Assertive

- 1 = Never or almost never true
- 2 = Rarely true
- 3 = Sometimes true
- 4 = Neutral
- 5 = Often true
- 6 = Usually true
- 7 = Always or almost always true

14. Flatterable

- 1 = Never or almost never true
- 2 = Rarely true
- 3 = Sometimes true
- 4 = Neutral
- 5 = Often true
- 6 = Usually true
- 7 = Always or almost always true

15. Happy

- 1 = Never or almost never true
- 2 = Rarely true
- 3 = Sometimes true
- 4 = Neutral
- 5 = Often true
- 6 = Usually true
- 7 = Always or almost always true

16. Strong personality

- 1 = Never or almost never true
- 2 = Rarely true
- 3 = Sometimes true
- 4 = Neutral
- 5 = Often true
- 6 = Usually true
- 7 = Always or almost always true

17. Loyal

- 1 = Never or almost never true
- 2 = Rarely true
- 3 = Sometimes true
- 4 = Neutral
- 5 = Often true
- 6 = Usually true
- 7 = Always or almost always true

18. Unpredictable

- 1 = Never or almost never true
- 2 = Rarely true
- 3 = Sometimes true
- 4 = Neutral
- 5 = Often true
- 6 = Usually true
- 7 = Always or almost always true

19. Forceful

- 1 = Never or almost never true
- 2 = Rarely true
- 3 = Sometimes true
- 4 = Neutral
- 5 = Often true
- 6 = Usually true
- 7 = Always or almost always true

20. Feminine

- 1 = Never or almost never true
- 2 = Rarely true
- 3 = Sometimes true
- 4 = Neutral
- 5 = Often true
- 6 = Usually true
- 7 = Always or almost always true

21. Reliable

- 1 = Never or almost never true
- 2 = Rarely true
- 3 = Sometimes true
- 4 = Neutral
- 5 = Often true
- 6 = Usually true
- 7 = Always or almost always true

22. Analytical

- 1 = Never or almost never true
- 2 = Rarely true
- 3 = Sometimes true
- 4 = Neutral
- 5 = Often true
- 6 = Usually true
- 7 = Always or almost always true

23. Sympathetic

- 1 = Never or almost never true
- 2 = Rarely true
- 3 = Sometimes true
- 4 = Neutral
- 5 = Often true
- 6 = Usually true
- 7 = Always or almost always true

24. Jealous

- 1 = Never or almost never true
- 2 = Rarely true
- 3 = Sometimes true
- 4 = Neutral
- 5 = Often true
- 6 = Usually true
- 7 = Always or almost always true

25. Has leadership abilities

- 1 = Never or almost never true
- 2 = Rarely true
- 3 = Sometimes true
- 4 = Neutral
- 5 = Often true
- 6 = Usually true
- 7 = Always or almost always true

26. Sensitive to the needs of others

- 1 = Never or almost never true
- 2 = Rarely true
- 3 = Sometimes true
- 4 = Neutral
- 5 = Often true
- 6 = Usually true
- 7 = Always or almost always true

27. Truthful

- 1 = Never or almost never true
- 2 = Rarely true
- 3 = Sometimes true
- 4 = Neutral
- 5 = Often true
- 6 = Usually true
- 7 = Always or almost always true

28. Willing to take risks

- 1 = Never or almost never true
- 2 = Rarely true
- 3 = Sometimes true
- 4 = Neutral
- 5 = Often true
- 6 = Usually true
- 7 = Always or almost always true

29. Understanding

- 1 = Never or almost never true
- 2 = Rarely true
- 3 = Sometimes true
- 4 = Neutral
- 5 = Often true
- 6 = Usually true
- 7 = Always or almost always true

30. Secretive

- 1 = Never or almost never true
- 2 = Rarely true
- 3 = Sometimes true
- 4 = Neutral
- 5 = Often true
- 6 = Usually true
- 7 = Always or almost always true

31. Makes decisions easily

- 1 = Never or almost never true
- 2 = Rarely true
- 3 = Sometimes true
- 4 = Neutral
- 5 = Often true
- 6 = Usually true
- 7 = Always or almost always true

32. Compassionate

- 1 = Never or almost never true
- 2 = Rarely true
- 3 = Sometimes true
- 4 = Neutral
- 5 = Often true
- 6 = Usually true
- 7 = Always or almost always true

33. Sincere

- 1 = Never or almost never true
- 2 = Rarely true
- 3 = Sometimes true
- 4 = Neutral
- 5 = Often true
- 6 = Usually true
- 7 = Always or almost always true

34. Self-sufficient

- 1 = Never or almost never true
- 2 = Rarely true
- 3 = Sometimes true
- 4 = Neutral
- 5 = Often true
- 6 = Usually true
- 7 = Always or almost always true

35. Eager to soothe hurt feelings

- 1 = Never or almost never true
- 2 = Rarely true
- 3 = Sometimes true
- 4 = Neutral
- 5 = Often true
- 6 = Usually true
- 7 = Always or almost always true

36. Conceited

- 1 = Never or almost never true
- 2 = Rarely true
- 3 = Sometimes true
- 4 = Neutral
- 5 = Often true
- 6 = Usually true
- 7 = Always or almost always true

37. Dominant

- 1 = Never or almost never true
- 2 = Rarely true
- 3 = Sometimes true
- 4 = Neutral
- 5 = Often true
- 6 = Usually true
- 7 = Always or almost always true

38. Soft spoken

- 1 = Never or almost never true
- 2 = Rarely true
- 3 = Sometimes true
- 4 = Neutral
- 5 = Often true
- 6 = Usually true
- 7 = Always or almost always true

39. Likable

- 1 = Never or almost never true
- 2 = Rarely true
- 3 = Sometimes true
- 4 = Neutral
- 5 = Often true
- 6 = Usually true
- 7 = Always or almost always true

40. Masculine

- 1 = Never or almost never true
- 2 = Rarely true
- 3 = Sometimes true
- 4 = Neutral
- 5 = Often true
- 6 = Usually true
- 7 = Always or almost always true

41. Warm

- 1 = Never or almost never true
- 2 = Rarely true
- 3 = Sometimes true
- 4 = Neutral
- 5 = Often true
- 6 = Usually true
- 7 = Always or almost always true

42. Solemn

- 1 = Never or almost never true
- 2 = Rarely true
- 3 = Sometimes true
- 4 = Neutral
- 5 = Often true
- 6 = Usually true
- 7 = Always or almost always true

43. Willing to take a stand

- 1 = Never or almost never true
- 2 = Rarely true
- 3 = Sometimes true
- 4 = Neutral
- 5 = Often true
- 6 = Usually true
- 7 = Always or almost always true

44. Tender

- 1 = Never or almost never true
- 2 = Rarely true
- 3 = Sometimes true
- 4 = Neutral
- 5 = Often true
- 6 = Usually true
- 7 = Always or almost always true

45. Friendly

- 1 = Never or almost never true
- 2 = Rarely true
- 3 = Sometimes true
- 4 = Neutral
- 5 = Often true
- 6 = Usually true
- 7 = Always or almost always true

46. Aggressive

- 1 = Never or almost never true
- 2 = Rarely true
- 3 = Sometimes true
- 4 = Neutral
- 5 = Often true
- 6 = Usually true
- 7 = Always or almost always true

47. Gullible

- 1 = Never or almost never true
- 2 = Rarely true
- 3 = Sometimes true
- 4 = Neutral
- 5 = Often true
- 6 = Usually true
- 7 = Always or almost always true

48. Inefficient

- 1 = Never or almost never true
- 2 = Rarely true
- 3 = Sometimes true
- 4 = Neutral
- 5 = Often true
- 6 = Usually true
- 7 = Always or almost always true

49. Acts as a leader

- 1 = Never or almost never true
- 2 = Rarely true
- 3 = Sometimes true
- 4 = Neutral
- 5 = Often true
- 6 = Usually true
- 7 = Always or almost always true

50. Childlike

- 1 = Never or almost never true
- 2 = Rarely true
- 3 = Sometimes true
- 4 = Neutral
- 5 = Often true
- 6 = Usually true
- 7 = Always or almost always true

51. Adaptable

- 1 = Never or almost never true
- 2 = Rarely true
- 3 = Sometimes true
- 4 = Neutral
- 5 = Often true
- 6 = Usually true
- 7 = Always or almost always true

52. Individualistic

- 1 = Never or almost never true
- 2 = Rarely true
- 3 = Sometimes true
- 4 = Neutral
- 5 = Often true
- 6 = Usually true
- 7 = Always or almost always true

53. Does not use harsh language

- 1 = Never or almost never true
- 2 = Rarely true
- 3 = Sometimes true
- 4 = Neutral
- 5 = Often true
- 6 = Usually true
- 7 = Always or almost always true

54. Unsystematic

- 1 = Never or almost never true
- 2 = Rarely true
- 3 = Sometimes true
- 4 = Neutral
- 5 = Often true
- 6 = Usually true
- 7 = Always or almost always true

55. Competitive

- 1 = Never or almost never true
- 2 = Rarely true
- 3 = Sometimes true
- 4 = Neutral
- 5 = Often true
- 6 = Usually true
- 7 = Always or almost always true

56. Loves children

- 1 = Never or almost never true
- 2 = Rarely true
- 3 = Sometimes true
- 4 = Neutral
- 5 = Often true
- 6 = Usually true
- 7 = Always or almost always true

57. Tactful

- 1 = Never or almost never true
- 2 = Rarely true
- 3 = Sometimes true
- 4 = Neutral
- 5 = Often true
- 6 = Usually true
- 7 = Always or almost always true

58. Ambitious

- 1 = Never or almost never true
- 2 = Rarely true
- 3 = Sometimes true
- 4 = Neutral
- 5 = Often true
- 6 = Usually true
- 7 = Always or almost always true

59. Gentle

- 1 = Never or almost never true
- 2 = Rarely true
- 3 = Sometimes true
- 4 = Neutral
- 5 = Often true
- 6 = Usually true
- 7 = Always or almost always true

60. Conventional

- 1 = Never or almost never true
- 2 = Rarely true
- 3 = Sometimes true
- 4 = Neutral
- 5 = Often true
- 6 = Usually true
- 7 = Always or almost always true