

Autism Test for Adults

Name: _____ Date of Birth: _____ dd / mm / yyyy

Gender:

Male Female Other

Today's Date: _____ dd / mm / yyyy Email: _____

Telephone #: _____

Below are a list of statements. Please read each statement very carefully and rate how strongly you agree or disagree with it. DO NOT MISS ANY STATEMENT OUT.

1. I prefer to do things with others rather than on my own.

Strongly Disagree Slightly Disagree Slightly Agree Strongly Agree

2. I prefer to do things the same way over and over again.

Strongly Disagree Slightly Disagree Slightly Agree Strongly Agree

3. If I try to imagine something, I find it very easy to create a picture in my mind.

Strongly Disagree Slightly Disagree Slightly Agree Strongly Agree

4. I frequently get so strongly absorbed in one thing that I lose sight of other things.

Strongly Disagree Slightly Disagree Slightly Agree Strongly Agree

5. I often notice small sounds when others do not.

Strongly Disagree Slightly Disagree Slightly Agree Strongly Agree

6. I usually notice car number plates or similar strings of information.

Strongly Disagree Slightly Disagree Slightly Agree Strongly Agree

7. Other people frequently tell me that what I've said is impolite, even though I think it is polite.

Strongly Disagree Slightly Disagree Slightly Agree Strongly Agree

8. When I'm reading a story, I can easily imagine what the characters might look like.

Strongly Disagree Slightly Disagree Slightly Agree Strongly Agree

9. I am fascinated by dates.

Strongly Disagree Slightly Disagree Slightly Agree Strongly Agree

10. In a social group, I can easily keep track of several different people's conversations.

Strongly Disagree Slightly Disagree Slightly Agree Strongly Agree

11. I find social situations easy.

Strongly Disagree Slightly Disagree Slightly Agree Strongly Agree

12. I tend to notice details that others do not.

Strongly Disagree Slightly Disagree Slightly Agree Strongly Agree

13. I would rather go to a library than a party.

Strongly Disagree Slightly Disagree Slightly Agree Strongly Agree

14. I find making up stories easy.

Strongly Disagree Slightly Disagree Slightly Agree Strongly Agree

15. I find myself drawn more strongly to people than to things.

Strongly Disagree Slightly Disagree Slightly Agree Strongly Agree

16. I tend to have very strong interests which I get upset about if I can't pursue.

Strongly Disagree Slightly Disagree Slightly Agree Strongly Agree

17. I enjoy social chit-chat.

Strongly Disagree Slightly Disagree Slightly Agree Strongly Agree

18. When I talk, it isn't always easy for others to get a word in edgeways.

Strongly Disagree Slightly Disagree Slightly Agree Strongly Agree

19. I am fascinated by numbers.

Strongly Disagree Slightly Disagree Slightly Agree Strongly Agree

20. When I'm reading a story, I find it difficult to work out the characters' intentions.

Strongly Disagree Slightly Disagree Slightly Agree Strongly Agree

21. I don't particularly enjoy reading fiction.

Strongly Disagree Slightly Disagree Slightly Agree Strongly Agree

22. I find it hard to make new friends.

Strongly Disagree Slightly Disagree Slightly Agree Strongly Agree

23. I notice patterns in things all the time.

Strongly Disagree Slightly Disagree Slightly Agree Strongly Agree

24. I would rather go to the theatre than a museum.

Strongly Disagree Slightly Disagree Slightly Agree Strongly Agree

25. It does not upset me if my daily routine is disturbed.

Strongly Disagree Slightly Disagree Slightly Agree Strongly Agree

26. I frequently find that I don't know how to keep a conversation going.

Strongly Disagree Slightly Disagree Slightly Agree Strongly Agree

27. I find it easy to "read between the lines" when someone is talking to me.

Strongly Disagree Slightly Disagree Slightly Agree Strongly Agree

28. I usually concentrate more on the whole picture, rather than the small details.

Strongly Disagree Slightly Disagree Slightly Agree Strongly Agree

29. I am not very good at remembering phone numbers.

Strongly Disagree Slightly Disagree Slightly Agree Strongly Agree

30. I don't usually notice small changes in a situation, or a person's appearance.

Strongly Disagree Slightly Disagree Slightly Agree Strongly Agree

31. I know how to tell if someone listening to me is getting bored.

Strongly Disagree Slightly Disagree Slightly Agree Strongly Agree

32. I find it easy to do more than one thing at once.

Strongly Disagree Slightly Disagree Slightly Agree Strongly Agree

33. When I talk on the phone, I'm not sure when it's my turn to speak.

Strongly Disagree Slightly Disagree Slightly Agree Strongly Agree

34. I enjoy doing things spontaneously.

Strongly Disagree Slightly Disagree Slightly Agree Strongly Agree

35. I am often the last to understand the point of a joke.

Strongly Disagree Slightly Disagree Slightly Agree Strongly Agree

36. I find it easy to work out what someone is thinking or feeling just by looking at their face.

Strongly Disagree Slightly Disagree Slightly Agree Strongly Agree

37. If there is an interruption, I can switch back to what I was doing very quickly.

Strongly Disagree Slightly Disagree Slightly Agree Strongly Agree

38. I am good at social chit-chat.

Strongly Disagree Slightly Disagree Slightly Agree Strongly Agree

39. People often tell me that I keep going on and on about the same thing.

40. When I was young, I used to enjoy playing games involving pretending with other children.

Strongly Disagree Slightly Disagree Slightly Agree Strongly Agree

41. I like to collect information about categories of things (e.g. types of car, types of bird, types of train, types of plant, etc.).

Strongly Disagree Slightly Disagree Slightly Agree Strongly Agree

42. I find it difficult to imagine what it would be like to be someone else.

Strongly Disagree Slightly Disagree Slightly Agree Strongly Agree

43. I like to plan any activities I participate in carefully.

Strongly Disagree Slightly Disagree Slightly Agree Strongly Agree

44. I enjoy social occasions.

Strongly Disagree Slightly Disagree Slightly Agree Strongly Agree

45. I find it difficult to work out people's intentions.

Strongly Disagree Slightly Disagree Slightly Agree Strongly Agree

46. New situations make me anxious.

Strongly Disagree Slightly Disagree Slightly Agree Strongly Agree

47. I enjoy meeting new people.

Strongly Disagree Slightly Disagree Slightly Agree Strongly Agree

48. I am a good diplomat.

Strongly Disagree Slightly Disagree Slightly Agree Strongly Agree

49. I am not very good at remembering people's date of birth.

Strongly Disagree Slightly Disagree Slightly Agree Strongly Agree

50. I find it very easy to play games with children that involve pretending.

Strongly Disagree Slightly Disagree Slightly Agree Strongly Agree