

Apathy Test

Name: _____ Date of birth: _____ dd / mm / yyyy

Gender: _____ Date: _____ dd / mm / yyyy

Instructions: For each statement, choose the answer that best describes your thoughts, feelings, and activity in the past 4 weeks.

1. I am interested in things.

Not at all characteristic Slightly characteristic Somewhat characteristic Very characteristic

2. I get things done during the day.

Not at all characteristic Slightly characteristic Somewhat characteristic Very characteristic

3. Getting things started on my own is important to me.

Not at all characteristic Slightly characteristic Somewhat characteristic Very characteristic

4. I am interested in having new experiences.

Not at all characteristic Slightly characteristic Somewhat characteristic Very characteristic

5. I am interested in learning new things.

Not at all characteristic Slightly characteristic Somewhat characteristic Very characteristic

6. I put little effort into anything.

Not at all characteristic Slightly characteristic Somewhat characteristic Very characteristic

7. I approach life with intensity.

Not at all characteristic Slightly characteristic Somewhat characteristic Very characteristic

8. Seeing a job through to the end is important to me.

Not at all characteristic Slightly characteristic Somewhat characteristic Very characteristic

9. I spend time doing things that interest me.

Not at all characteristic Slightly characteristic Somewhat characteristic Very characteristic

10. Someone has to tell me what to do each day.

Not at all characteristic Slightly characteristic Somewhat characteristic Very characteristic

11. I am less concerned about my problems than I should be.

Not at all characteristic Slightly characteristic Somewhat characteristic Very characteristic

12. I have friends.

Not at all characteristic Slightly characteristic Somewhat characteristic Very characteristic

13. Getting together with friends is important to me.

Not at all characteristic Slightly characteristic Somewhat characteristic Very characteristic

14. When something good happens, I get excited.

Not at all characteristic Slightly characteristic Somewhat characteristic Very characteristic

15. I have an accurate understanding of my problems.

Not at all characteristic Slightly characteristic Somewhat characteristic Very characteristic

16. Getting things done during the day is important to me.

Not at all characteristic Slightly characteristic Somewhat characteristic Very characteristic

17. I have initiative.

Not at all characteristic Slightly characteristic Somewhat characteristic Very characteristic

18. I have motivation.

Not at all characteristic Slightly characteristic Somewhat characteristic Very characteristic

