

# Thematic Apperception Test (TAT)

Name: \_\_\_\_\_ Date: \_\_\_\_\_ dd / mm / yyyy

Instructions: In this test, you will be shown pictures. For each picture, create a story that explains what is happening, what led to this situation, and how the characters might feel. Feel free to be as creative as you like. There are no right or wrong answers; we are interested in your unique perspective. Take your time, and let your imagination guide you. When you're ready, begin the story for each picture below.

Notes: Please remember to be as descriptive as possible in your stories. The more information you provide, the better we can understand your unique thought processes and emotions. If you have any questions or need assistance, don't hesitate to ask. Enjoy the journey of self-exploration through storytelling!

**Picture 1:**

Story 1:

**Picture 2:**

Story 2:

**Picture 3:**

Story 3:

**Picture 4:**

Story 4:

**Picture 5:**

Story 5:

**Picture 6:**

Story 6:

**Picture 7:**

Story 7:

**Picture 8:**

Story 8:

**Picture 9:**

Story 9:

**Picture 10:**

Story 10: