

# Oppositional Defiant Disorder DSM-5 Criteria

A pattern of angry/irritable mood, argumentative/defiant behavior, or vindictiveness lasting at least 6 months as evidenced by at least four symptoms from any of the following categories, and exhibited during interaction with at least one individual who is not a sibling.

## ANGRY/IRRITABLE MOOD

### Often loses temper

Often loses temper

### Is often touchy or easily annoyed

Is often touchy or easily annoyed

### Is often angry and resentful

Is often angry and resentful

## ARGUMENTATIVE/DEFIANT BEHAVIOR

### Often argues with authority figures or, for children and adolescents, with adults

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### Often actively defies or refuses to comply with requests from authority figures or with rules

Often actively defies or refuses to comply with requests from authority figures or with rules

### Often deliberately annoys others

Often deliberately annoys others

### Often blames others for his or her mistakes or misbehavior

Often blames others for his or her mistakes or misbehavior

## VINDICTIVENESS

### Has been spiteful or vindictive at least twice within the past 6 months

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B. The disturbance in behavior is associated with distress in the individual or others in his or her immediate social context (e.g., family, peer group, work colleagues), or it impacts negatively on social, educational, occupational, or other important areas of functioning.

### Criterion B: Disturbance causes distress or functional impairment

Criterion B met

C. The behaviors do not occur exclusively during the course of a psychotic, substance use, depressive, or bipolar disorder. Also, the criteria are not met for disruptive mood dysregulation disorder.

### Criterion C: Exclusion criteria met

Criterion C met

## SPECIFY CURRENT SEVERITY

### Current severity

- Mild: Symptoms are confined to only one setting (e.g., at home, at school, at work, with peers)  
 Moderate: Some symptoms are present in at least two settings  
 Severe: Some symptoms are present in three or more settings