

Neer's Test

Patient information: _____ Examiner: _____

Test procedure: Stabilize the patient's scapula on the affected side with one hand. Passively rotate the patient's arm on the affected side internally. Passively flex the arm maximally on the glenohumeral joint while maintaining internal rotation.

Results and interpretation - Select one

- Positive result: The maneuver reproduces shoulder pain on the injured side
- Negative result: No pain or symptom is provoked or reproduced

If you selected positive, select one

- Anterior pain: This indicates subacromial impingement
- Posterior pain: This indicates internal impingement

Additional notes - Specify below