

Barthel Index

BARTHEL INDEX

Patient name:: _____ Patient date of birth:: _____ dd / mm / yyyy

Raters name:: _____ Date and time of rating:: _____

Feeding

0 = Unable 5 = Needs help cutting, spreading butter, etc., or requires a modified diet 10 = Independent

Bathing

0 = Dependent 5 = Independent (or in shower)

Grooming

0 = Needs to help with personal care 5 = Independent face/hair/teeth/shaving (implements provided)

Dressing

0 = Dependent 5 = Needs help but can do about half unaided 10 = Independent (including buttons, zips, laces, etc.)

Bowels

0 = Incontinent (or needs to be given enemas) 5 = Occasional accident 10 = Continent

Bladder

0 = Incontinent, or catheterized and unable to manage alone 5 = Occasional accident 10 = Continent

Toilet use

0 = Dependent 5 = Needs some help, but can do something alone 10 = Independent (on and off, dressing, wiping)

Transfer (bed to chair and back)

0 = Unable, no sitting balance 5 = Major help (one or two people, physical), can sit
 10 = Minor help (verbal or physical) 15 = Independent

Mobility (on level surfaces)

0 = Immobile or < 50 yards 5 = Wheelchair independent, including corners, > 50 yards
 10 = Walks with help of one person (verbal or physical) > 50 yards
 15 = Independent (but may use any aid; for example, stick) > 50 yards

Stairs

0 = Unable 5 = Needs help (verbal, physical, carrying aid) 10 = Independent

Total score:: _____

Additional notes - Specify below: