

Top 25 Ozone Therapy Protocols and Methods

A quick-reference guide to the most widely used ozone therapy protocols, covering systemic, local, and topical administration routes. Use this worksheet to compare methods, track patient treatments, and standardise your clinic operations.

RANK	CODE / DESCRIPTION
1	MAH Major Autohemotherapy - systemic IV blood ozonation (50-200 mL)
2	MiAH Minor Autohemotherapy - intramuscular injection of ozonated blood (5-10 mL)
3	10-Pass High-dose ozone autohemotherapy with 10 hyperbaric passes
4	EBOO Extracorporeal Blood Oxygenation and Ozonation - dialysis-style filtration
5	RI Rectal Insufflation - ozone gas delivered via rectal catheter (100-300 cc)
6	VI Vaginal Insufflation - ozone gas delivered to vaginal cavity
7	EI Ear Insufflation - ozone gas delivered through modified stethoscope to ear canal
8	NI Nasal Insufflation - low-concentration ozone via nasal cannula
9	BI Bladder Insufflation - ozone introduced via urethral catheter
10	OI Ozone Injection (Prolozone) - periarticular or intra-articular injection
11	SCI Subcutaneous Injection - ozone gas injected beneath the skin
12	IMI Intramuscular Injection - ozone injected directly into muscle tissue

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13	IDI Intradiscal Injection - ozone injected into spinal discs for herniation
14	PVI Paravertebral Injection - ozone injected alongside the spine
15	Bag Limb Bagging - sealed bag with ozone gas around extremity wounds
16	Cup Ozone Cupping - localised suction cup filled with ozone over skin lesions
17	O3W Ozonated Water - drinking or topical application of ozone-infused water
18	O3Oil Ozonated Oil - topical application of ozone-infused olive or sunflower oil
19	Sauna Ozone Sauna (HOCATT) - full-body steam cabinet with transdermal ozone
20	DIV Direct IV Ozone - slow intravenous injection of ozone gas (less common)
21	OB Ozone Bath - immersion in ozone-infused water for skin conditions
22	BIO Bio-oxidative Therapy - ozone combined with UV blood irradiation (UBI)
23	Dental Dental Ozone - direct gas or ozonated water for cavity treatment
24	Wound Wound Irrigation - ozonated saline flush for chronic or infected wounds

RANK

CODE / DESCRIPTION

25**Ozonide**

Ozonide Therapy - stabilised ozonide compounds for sustained release