

Top 25 Coaching CPT Codes

A quick-reference guide to the most commonly used CPT codes for health and wellness coaching services. Covers Category III coaching codes (0591T-0593T), preventive medicine counseling, medical nutrition therapy, behavioral health integration, chronic care management, and health behavior assessment codes. Use this worksheet alongside your billing software to ensure accurate coding and maximize reimbursement.

RANK	CODE / DESCRIPTION
1	0591T Health and well-being coaching; individual, initial assessment
2	0592T Health and well-being coaching; individual, follow-up session (at least 30 minutes)
3	0593T Health and well-being coaching; group (2 or more), at least 30 minutes
4	99401 Preventive medicine counseling; individual, approximately 15 minutes
5	99402 Preventive medicine counseling; individual, approximately 30 minutes
6	99403 Preventive medicine counseling; individual, approximately 45 minutes
7	99404 Preventive medicine counseling; individual, approximately 60 minutes
8	99406 Smoking and tobacco use cessation counseling; 3-10 minutes
9	99407 Smoking and tobacco use cessation counseling; >10 minutes
10	99408 Alcohol/substance misuse screening and intervention; 15-30 minutes
11	99409 Alcohol/substance misuse screening and intervention; >30 minutes
12	97802 Medical nutrition therapy; initial assessment (per 15 minutes)

RANK	CODE / DESCRIPTION
13	97803 Medical nutrition therapy; re-assessment (per 15 minutes)
14	97804 Medical nutrition therapy; group (2 or more), each 30 minutes
15	99484 Care management for behavioral health conditions (20+ minutes/month)
16	99492 Initial psychiatric collaborative care management (70+ minutes/month)
17	99493 Subsequent psychiatric collaborative care management (60+ minutes/month)
18	99494 Add-on time for psychiatric collaborative care (30+ minutes)
19	99490 Chronic care management; 20+ minutes per month
20	99439 Chronic care management; additional 20 minutes
21	99487 Complex chronic care management; 60+ minutes per month
22	99489 Complex chronic care management; additional 30 minutes
23	96156 Health behaviour assessment; initial, face-to-face
24	96158 Health behaviour re-assessment; face-to-face

RANK

CODE / DESCRIPTION

25**96159**

Health behaviour intervention; individual, face-to-face