

Top 25 Anxiety-Related ICD-10 Codes

A quick-reference guide to the most commonly used ICD-10-CM codes for anxiety disorders. Use this worksheet to streamline clinical documentation, ensure accurate billing, and reduce claim denials in your mental health practice.

RANK	CODE / DESCRIPTION
1	F41.1 Generalised anxiety disorder
2	F41.0 Panic disorder without agoraphobia
3	F41.8 Other specified anxiety disorders (includes situational anxiety)
4	F41.9 Anxiety disorder, unspecified
5	F40.10 Social anxiety disorder (social phobia), unspecified
6	F40.11 Social anxiety disorder, generalised
7	F40.00 Agoraphobia, unspecified
8	F40.01 Agoraphobia with panic disorder
9	F40.02 Agoraphobia without panic disorder
10	F40.210 Claustrophobia
11	F40.218 Other animal type phobia
12	F40.230 Fear of blood

RANK	CODE / DESCRIPTION
13	F40.240 Acrophobia (fear of heights)
14	F40.248 Other situational type phobia
15	F40.290 Androphobia
16	F40.298 Other specified phobia
17	F40.8 Other phobic anxiety disorders
18	F40.9 Phobic anxiety disorder, unspecified
19	F43.0 Acute stress reaction
20	F43.10 Post-traumatic stress disorder, unspecified
21	F43.22 Adjustment disorder with anxiety
22	F43.23 Adjustment disorder with mixed anxiety and depressed mood
23	F06.4 Anxiety disorder due to known physiological condition
24	F93.0 Separation anxiety disorder of childhood

RANK CODE / DESCRIPTION

25 F45.21
Hypochondriasis (illness anxiety disorder)
