

# Top 25 Anxiety-Related ICD-10 Codes

A quick-reference guide to the most commonly used ICD-10-CM codes for anxiety disorders. Use this worksheet to streamline clinical documentation, ensure accurate billing, and reduce claim denials in your mental health practice.

RANK	CODE / DESCRIPTION
1	<b>F41.1</b> Generalised anxiety disorder
2	<b>F41.0</b> Panic disorder without agoraphobia
3	<b>F41.8</b> Other specified anxiety disorders (includes situational anxiety)
4	<b>F41.9</b> Anxiety disorder, unspecified
5	<b>F40.10</b> Social anxiety disorder (social phobia), unspecified
6	<b>F40.11</b> Social anxiety disorder, generalised
7	<b>F40.00</b> Agoraphobia, unspecified
8	<b>F40.01</b> Agoraphobia with panic disorder
9	<b>F40.02</b> Agoraphobia without panic disorder
10	<b>F40.210</b> Claustrophobia
11	<b>F40.218</b> Other animal type phobia
12	<b>F40.230</b> Fear of blood

RANK	CODE / DESCRIPTION
13	<b>F40.240</b> Acrophobia (fear of heights)
14	<b>F40.248</b> Other situational type phobia
15	<b>F40.290</b> Androphobia
16	<b>F40.298</b> Other specified phobia
17	<b>F40.8</b> Other phobic anxiety disorders
18	<b>F40.9</b> Phobic anxiety disorder, unspecified
19	<b>F43.0</b> Acute stress reaction
20	<b>F43.10</b> Post-traumatic stress disorder, unspecified
21	<b>F43.22</b> Adjustment disorder with anxiety
22	<b>F43.23</b> Adjustment disorder with mixed anxiety and depressed mood
23	<b>F06.4</b> Anxiety disorder due to known physiological condition
24	<b>F93.0</b> Separation anxiety disorder of childhood

RANK

CODE / DESCRIPTION

**25****F45.21**

Hypochondriasis (illness anxiety disorder)